

**372****Lakeside - Aveley - Rainham - Hornchurch**

East London Bus &amp; Coach Company

**Monday to Friday**

Lakeside, Bus Station (Bay C)	0535	0605	0635	0657	0717	0737	0757		57	17	37	1357
Lakeside, Arterial Road West Thurrock	0538	0608	0638	0700	0720	0740	0800		00	20	40	1400
Aveley, Back Lane (N-bound)	0540	0610	0640	0701	0721	0741	0801		01	21	41	1401
Aveley, Crescent Walk (W-bound)	0542	0612	0643	0705	0725	0745	0805	then	05	25	45	1405
Aveley, Mill Road (E-bound)	0544	0615	0646	0706	0726	0746	0806	at	06	26	46	1406
Aveley, Hanford Road (N-bound)	0546	0617	0648	0710	0730	0750	0810	these	10	30	50	1410
Wennington, Wennington Green	0550	0621	0652	0712	0732	0752	0812	times	12	32	52	until 1412
Rainham Station (Stop B)	0554	0625	0656	0716	0736	0756	0816	past	16	36	56	1416
Rainham, Rainham Tesco (Stop F)	0556	0627	0658	0720	0740	0800	0820	the	20	40	00	1420
South Hornchurch, Mungo Park Road / South End Rd (Stop U)	0604	0635	0706	0728	0747	0808	0828	hour	28	47	08	1428
Elm Park Station (Stop C)	0608	0639	0711	0734	0752	0814	0834		34	52	14	1434
Elm Park, Abbs Cross School	0610	0641	0713	0736	0754	0816	0836		36	54	16	1436
Hornchurch Town Centre (Stop F)	0615	0647	0719	0741	0801	0821	0841		41	01	21	1441

**Monday to Friday**

Lakeside, Bus Station (Bay C)	1417	1437	1456	1516	1536	1556	1616	1636	1656	1716	1736	1756	1816
Lakeside, Arterial Road West Thurrock	1420	1440	1459	1519	1539	1559	1619	1639	1659	1719	1739	1759	1819
Aveley, Back Lane (N-bound)	1421	1441	1501	1521	1541	1601	1621	1641	1701	1721	1741	1801	1821
Aveley, Crescent Walk (W-bound)	1425	1445	1504	1523	1543	1603	1623	1643	1703	1723	1743	1803	1823
Aveley, Mill Road (E-bound)	1426	1446	1506	1526	1546	1606	1626	1646	1706	1726	1746	1806	1826
Aveley, Hanford Road (N-bound)	1430	1450	1509	1529	1549	1608	1628	1648	1708	1728	1748	1808	1828
Wennington, Wennington Green	1432	1452	1512	1532	1552	1612	1632	1652	1712	1732	1752	1812	1832
Rainham Station (Stop B)	1436	1456	1516	1536	1556	1616	1636	1656	1716	1736	1756	1816	1836
Rainham, Rainham Tesco (Stop F)	1440	1500	1519	1539	1559	1618	1638	1657	1718	1738	1757	1818	1838
South Hornchurch, Mungo Park Road / South End Rd (Stop U)	1447	1508	1528	1547	1608	1628	1647	1708	1728	1747	1808	1828	1847
Elm Park Station (Stop C)	1452	1514	1534	1552	1614	1634	1652	1714	1734	1752	1814	1834	1852
Elm Park, Abbs Cross School (E-bound)	1454	1516	1536	1554	1616	1636	1654	1716	1736	1754	1816	1836	1854
Hornchurch Town Centre (Stop F)	1501	1521	1541	1601	1621	1641	1701	1721	1741	1802	1822	1841	1859

**Monday to Friday**

Lakeside, Bus Station (Bay C)	1836	1856	1916	1946	2016	2046	2116						
Lakeside, Arterial Road West Thurrock	1839	1859	1918	1948	2018	2048	2118						
Aveley, Back Lane (N-bound)	1841	1901	1921	1951	2020	2050	2120						
Aveley, Crescent Walk (W-bound)	1843	1903	1923	1953	2022	2052	2122						
Aveley, Mill Road (E-bound)	1845	1905	1925	1955	2024	2054	2124						
Aveley, Hanford Road (N-bound)	1847	1907	1927	1956	2025	2055	2125						
Wennington, Wennington Green	1851	1911	1931	1959	2028	2058	2128						
Rainham Station (Stop B)	1855	1915	1935	2002	2032	2102	2132						
Rainham, Rainham Tesco (Stop F)	1857	1917	1937	2004	2034	2104	2134						
South Hornchurch, Mungo Park Road / South End Rd (Stop U)	1905	1925	1945	2012	2042	2112	2142						
Elm Park Station (Stop C)	1910	1930	1950	2016	2046	2116	2146						
Elm Park, Abbs Cross School (E-bound)	1912	1932	1952	2018	2048	2118	2148						
Hornchurch Town Centre (Stop F)	1917	1937	1957	2023	2053	2123	2153						

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**Monday to Friday**

Lakeside, Bus Station (Bay C)	2146	2216	2246	2316
Lakeside, Arterial Road West Thurrock	2148	2218	2248	2318
Aveley, Back Lane (N-bound)	2150	2220	2250	2320
Aveley, Crescent Walk (W-bound)	2152	2222	2252	2322
Aveley, Mill Road (E-bound)	2154	2224	2254	2324
Aveley, Hanford Road (N-bound)	2155	2225	2255	2324
Wennington, Wennington Green	2158	2228	2258	2328
Rainham Station (Stop B)	2202	2232	2302	2332
Rainham, Rainham Tesco (Stop F)	2204	2234	2304	2334
South End Rd (Stop U)	2212	2242	2312	2342
South End Rd (Stop U)				
Elm Park Station (Stop C)	2216	2246	2316	2346
Elm Park, Abbs Cross School (E-bound)	2218	2248	2318	2348
Hornchurch Town Centre (Stop F)	2223	2253	2323	2352

**Saturday**

Lakeside, Bus Station (Bay C)	0535	0605	0635	0705	0735	0805	0824	0841	0900	0920	0938	0957	1017	1037
Lakeside, Arterial Road West Thurrock	0538	0608	0638	0708	0738	0808	0827	0844	0903	0923	0941	1000	1020	1040
Aveley, Back Lane (N-bound)	0540	0610	0640	0710	0740	0810	0829	0846	0905	0925	0943	1002	1022	1042
Aveley, Crescent Walk (W-bound)	0542	0612	0642	0712	0742	0812	0831	0848	0907	0927	0945	1004	1024	1044
Aveley, Mill Road (E-bound)	0544	0614	0644	0714	0744	0814	0833	0850	0909	0929	0947	1006	1026	1046
Aveley, Hanford Road (N-bound)	0544	0614	0644	0714	0744	0814	0833	0850	0910	0930	0948	1007	1027	1047
Wennington, Wennington Green	0548	0618	0648	0718	0748	0818	0837	0854	0915	0935	0953	1012	1032	1052
Rainham Station (Stop B)	0552	0622	0652	0722	0752	0822	0841	0858	0919	0939	0957	1016	1036	1056
Rainham, Rainham Tesco (Stop F)	0554	0624	0654	0724	0754	0824	0843	0900	0921	0941	0959	1018	1038	1058
South Hornchurch, Mungo Park Road /	0602	0632	0702	0732	0802	0832	0851	0907	0928	0948	1008	1028	1048	1108
South End Rd (Stop U)														
Elm Park Station (Stop C)	0606	0636	0706	0736	0806	0836	0855	0913	0934	0954	1014	1034	1054	1114
Elm Park, Abbs Cross School	0608	0638	0708	0738	0808	0838	0857	0916	0937	0957	1017	1037	1057	1117
Hornchurch Town Centre (Stop F)	0613	0643	0713	0743	0813	0843	0902	0921	0941	1003	1022	1041	1103	1122

**Saturday**

Lakeside, Bus Station (Bay C)	1057		57	17	37		1617	1637	1657	1717	1737	1757	1817	1837
Lakeside, Arterial Road West Thurrock	1100		00	20	40		1620	1640	1700	1720	1740	1800	1820	1840
Aveley, Back Lane (N-bound)	1102		02	22	42		1622	1642	1702	1722	1742	1802	1822	1842
Aveley, Crescent Walk (W-bound)	1104	then	04	24	44		1624	1644	1704	1724	1744	1804	1824	1844
Aveley, Mill Road (E-bound)	1106	at	06	26	46		1626	1646	1706	1726	1746	1806	1826	1846
Aveley, Hanford Road (N-bound)	1107	these	07	27	47		1627	1647	1707	1727	1747	1807	1827	1847
Wennington, Wennington Green	1112	times	12	32	52	until	1632	1652	1712	1732	1752	1812	1832	1852
Rainham Station (Stop B)	1116	past	16	36	56		1636	1656	1716	1736	1756	1816	1836	1856
Rainham, Rainham Tesco (Stop F)	1118	the	18	38	58		1638	1658	1718	1738	1758	1818	1838	1858
South Hornchurch, Mungo Park Road /	1128	hour	28	48	08		1648	1708	1728	1748	1807	1827	1846	1907
South End Rd (Stop U)														
Elm Park Station (Stop C)	1134		34	54	14		1654	1714	1734	1754	1812	1832	1850	1912
Elm Park, Abbs Cross School	1137		37	57	17		1657	1717	1737	1757	1814	1834	1852	1914
Hornchurch Town Centre (Stop F)	1141		41	03	22		1703	1722	1741	1803	1822	1841	1900	1920

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**Saturday**

Lakeside, Bus Station (Bay C)	1857	1916	1946	2016	2046	2116	2146	2216	2246	2316
Lakeside, Arterial Road West Thurrock	1900	1920	1948	2018	2048	2118	2148	2218	2248	2318
Aveley, Back Lane (N-bound)	1902	1922	1950	2020	2050	2120	2150	2220	2250	2320
Aveley, Crescent Walk (W-bound)	1904	1924	1952	2022	2052	2122	2152	2222	2252	2322
Aveley, Mill Road (E-bound)	1906	1926	1954	2024	2054	2124	2154	2224	2254	2324
Aveley, Hanford Road (N-bound)	1907	1927	1954	2025	2055	2125	2154	2224	2255	2325
Wennington, Wennington Green	1912	1932	1958	2029	2059	2129	2158	2228	2259	2329
Rainham Station (Stop B)	1916	1936	2002	2033	2103	2133	2202	2232	2303	2333
Rainham, Rainham Tesco (Stop F)	1918	1938	2004	2035	2105	2135	2204	2234	2305	2335
South Hornchurch, Mungo Park Road / South End Rd (Stop U)	1927	1946	2012	2042	2112	2142	2212	2242	2312	2342
Elm Park Station (Stop C)	1932	1950	2017	2047	2117	2147	2216	2246	2317	2347
Elm Park, Abbs Cross School	1934	1952	2018	2148	2118	2148	2218	2248	2318	2348
Hornchurch Town Centre (Stop F)	1939	1957	2024	2154	2124	2154	2223	2253	2324	2354

**Sunday**

Lakeside, Bus Station (Bay C)	0714	0744	0814	0844	0914	0940	1008		38	08		1708	1741	1813
Lakeside, Arterial Road West Thurrock	0717	0747	0817	0847	0917	0943	1011		41	11		1711	1744	1816
Aveley, Back Lane (N-bound)	0719	0749	0819	0849	0919	0945	1013		43	13		1713	1746	1818
Aveley, Crescent Walk (W-bound)	0721	0751	0821	0851	0921	0947	1015	then	45	15		1715	1748	1820
Aveley, Mill Road (E-bound)	0723	0753	0823	0853	0923	0949	1017	at	47	17		1717	1750	1822
Aveley, Hanford Road (N-bound)	0724	0754	0824	0854	0924	0950	1019	these	49	19		1719	1752	1824
Wennington, Wennington Green	0728	0758	0828	0858	0928	0954	1023	times	53	23	until	1723	1756	1828
Rainham Station (Stop B)	0732	0802	0832	0902	0932	0958	1027	past	57	27		1727	1800	1832
Rainham, Rainham Tesco (Stop F)	0734	0804	0834	0904	0934	1000	1029	the	59	29		1729	1802	1834
South Hornchurch, Mungo Park Road / South End Rd (Stop U)	0741	0811	0841	0911	0941	1009	1039	hour	09	39		1739	1811	1842
Elm Park Station (Stop C)	0746	0816	0846	0916	0946	1015	1045		15	45		1745	1817	1847
Elm Park, Abbs Cross School	0748	0818	0848	0918	0948	1017	1047		17	47		1747	1819	1849
Hornchurch Town Centre (Stop F)	0753	0823	0853	0923	0953	1023	1053		23	53		1753	1824	1854

**Sunday**

Lakeside, Bus Station (Bay C)	1845	1916	1946	2016	2046		16	46		2316
Lakeside, Arterial Road	1848	1917	1948	2018	2048		17	48		2317
Aveley, Back Lane (N-bound)	1850	1918	1950	2020	2050		18	50		2320
Aveley, Crescent Walk (W-bound)	1852	1922	1952	2022	2052	then	22	52		2322
Aveley, Mill Road (E-bound)	1854	1924	1954	2024	2054	at	24	54		2324
Aveley, Hanford Road (N-bound)	1855	1925	1955	2025	2055	these	25	55		2325
Wennington, Wennington Green	1859	1929	1959	2029	2059	times	29	59	until	2329
Rainham Station (Stop B)	1903	1933	2003	2033	2103	past	33	03		2333
Rainham, Rainham Tesco (Stop F)	1905	1935	2005	2035	2105	the	35	05		2335
South Hornchurch, Mungo Park Road / South End Rd (Stop U)	1912	1942	2012	2042	2112	hour	42	12		2342
Elm Park Station (Stop C)	1917	1947	2017	2047	2117		47	17		2347
Elm Park, Abbs Cross School	1919	1949	2019	2049	2119		49	19		2349
Hornchurch Town Centre (Stop F)	1924	1954	2024	2054	2124		54	24		2354

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**Monday to Friday**

Hornchurch Town Centre (Stop G)	0605	0632	0700	0718	0736	0756	0816	0836	0856	0916	0936	0956
Elm Park, Abbs Cross School	0609	0636	0705	0724	0742	0802	0822	0842	0902	0922	0942	1002
Elm Park Station (Stop M)	0610	0637	0707	0726	0745	0805	0825	0845	0905	0925	0945	1005
Elm Park, Freeborne Gardens (Stop W)	0613	0641	0709	0729	0748	0809	0829	0848	0909	0929	0948	1008
South Hornchurch, Ford Lane (Stop H)	0616	0645	0714	0733	0752	0814	0833	0852	0914	0933	0952	1012
Rainham, Rainham Tesco (Stop F)	0623	0653	0723	0743	0803	0823	0843	0903	0923	0941	0959	1019
Rainham Station (Stop A)	0624	0655	0725	0745	0805	0825	0843	0905	0925	0943	1001	1021
Wennington, Wennington Green	0628	0659	0729	0749	0809	0829	0847	0909	0929	0947	1005	1025
Aveley, St Pauls Close (E-bound)	0632	0703	0733	0753	0813	0833	0853	0913	0933	0951	1009	1029
Aveley, Mill Road (W-bound)	0634	0705	0735	0755	0815	0835	0853	0915	0935	0953	1011	1031
Aveley, Crescent Walk (E-bound)	0637	0708	0738	0758	0818	0838	0858	0918	0938	0956	1014	1034
Aveley, Back Lane (S-bound)	0639	0710	0740	0800	0820	0840	0900	0920	0940	0959	1017	1037
Lakeside, Arterial Road West Thurrock	0641	0712	0742	0802	0822	0842	0902	0922	0942	1001	1019	1039
Lakeside, Bus Station (Bay C)	0644	0715	0745	0805	0825	0845	0905	0925	0945	1004	1022	1042

**Monday to Friday**

Hornchurch Town Centre (Stop G)	1016	1036	1056	1116	1136	1156	1216	1236	1256	1316		16	36	56		1456	1516	1536
Elm Park, Abbs Cross School	1022	1042	1102	1122	1142	1202	1222	1242	1302	1322		22	42	02		1502	1522	1542
Elm Park Station (Stop M)	1025	1045	1105	1125	1145	1205	1225	1245	1305	1325		25	45	05		1505	1525	1545
Elm Park, Freeborne Gardens (Stop W)	1028	1048	1108	1128	1148	1208	1228	1248	1308	1328	then	28	48	08		1508	1528	1548
South Hornchurch, Ford Lane (Stop H)	1032	1052	1112	1132	1152	1212	1232	1252	1312	1332	at	32	52	12		1512	1532	1552
Rainham, Rainham Tesco (Stop F)	1038	1057	1119	1138	1157	1219	1238	1257	1319	1338	these	38	57	10		1519	1538	1557
Rainham Station (Stop A)	1041	1101	1121	1141	1201	1221	1241	1301	1321	1341	mins	41	01	21	until	1521	1541	1601
Wennington, Wennington Green	1045	1105	1125	1145	1205	1225	1245	1305	1325	1345	past	45	05	25		1525	1547	1605
Aveley, St Pauls Close (E-bound)	1049	1109	1129	1149	1209	1229	1249	1309	1329	1349	each	49	09	29		1529	1550	1610
Aveley, Mill Road (W-bound)	1051	1111	1131	1151	1211	1231	1253	1313	1333	1353	hour	53	13	33		1533	1553	1613
Aveley, Crescent Walk (E-bound)	1054	1114	1134	1154	1214	1234	1254	1314	1334	1354		54	14	34		1534	1555	1615
Aveley, Back Lane (S-bound)	1056	1117	1137	1156	1217	1237	1256	1317	1337	1356		56	17	37		1537	1556	1617
Lakeside, Arterial Road West Thurrock	1059	1119	1139	1158	1219	1239	1258	1319	1339	1358		58	19	39		1539	1558	1619
Lakeside, Bus Station (Bay C)	1102	1122	1142	1202	1222	1242	1302	1322	1342	1402		02	22	42		1542	1602	1622

**Monday to Friday**

Hornchurch Town Centre (Stop G)	1556	1616	1636	1656	1716	1736												
Elm Park, Abbs Cross School (W-bound)	1602	1622	1642	1702	1722	1742												
Elm Park Station (Stop M)	1605	1625	1645	1705	1725	1745												
Elm Park, Freeborne Gardens (Stop W)	1608	1628	1648	1708	1728	1748												
South Hornchurch, Ford Lane (Stop H)	1612	1632	1652	1712	1732	1752												
Rainham, Rainham Tesco (Stop F)	1619	1638	1657	1719	1738	1757												
Rainham Station (Stop A)	1621	1641	1701	1721	1741	1801												
Wennington, Wennington Green	1625	1645	1705	1725	1745	1805												
Aveley, St Pauls Close (E-bound)	1630	1650	1710	1730	1750	1810												
Aveley, Mill Road (W-bound)	1633	1653	1713	1733	1753	1813												
Aveley, Crescent Walk (E-bound)	1635	1655	1715	1735	1755	1815												
Aveley, Back Lane (S-bound)	1637	1656	1717	1737	1756	1817												
Lakeside, Arterial Road West Thurrock	1639	1658	1719	1739	1758	1819												
Lakeside, Bus Station (Bay C)	1642	1702	1722	1742	1802	1822												

**Monday to Friday**

Hornchurch Town Centre (Stop G)	1756	1817	1838	1859	1920	1941	2002	2032		32	02		2332	0002				
Elm Park, Abbs Cross School (W-bound)	1802	1822	1842	1904	1924	1945	2006	2036		36	06		2336	0006				
Elm Park Station (Stop M)	1805	1825	1845	1905	1925	1946	2007	2037		37	07		2337	0007				
Elm Park, Freeborne Gardens (Stop W)	1808	1828	1848	1908	1928	1948	2010	2040	then	40	10		2340	0010				
South Hornchurch, Ford Lane (Stop H)	1812	1832	1852	1912	1932	1952	2013	2043	at	43	13		2343	0013				
Rainham, Rainham Tesco (Stop F)	1819	1838	1857	1920	1940	2000	2020	2050	these	50	20		2350	0020				
Rainham Station (Stop A)	1821	1841	1901	1921	1941	2001	2021	2051	mins	51	21	until	2351	0021				
Wennington, Wennington Green	1825	1845	1905	1925	1945	2005	2025	2055	past	55	25		2355	0025				
Aveley, St Pauls Close (E-bound)	1830	1850	1910	1930	1950	2009	2029	2059	each	59	29		2359	0029				
Aveley, Mill Road (W-bound)	1833	1851	1911	1931	1951	2010	2030	2100	hour	00	30		0000	0030				
Aveley, Crescent Walk (E-bound)	1835	1855	1915	1935	1954	2013	2033	2103		03	33		0003	0033				
Aveley, Back Lane (S-bound)	1837	1856	1917	1937	1956	2015	2035	2105		05	35		0005	0035				
Lakeside, Arterial Road West Thurrock	1839	1858	1919	1939	1958	2017	2037	2107		07	37		0007	0037				
Lakeside, Bus Station (Bay C)	1842	1902	1922	1942	2001	2020	2040	2110		10	40		0010	0040				



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**Saturday**

Hornchurch Town Centre (Stop G)	0605	0635	0705	0735	0805	0825	0844	0902	0921	0939	0958	1016	1036	1056
Elm Park, Abbs Cross School (W-bound)	0609	0639	0709	0739	0809	0829	0848	0907	0926	0944	1002	1022	1042	1102
Elm Park Station (Stop M)	0610	0640	0710	0740	0810	0830	0850	0909	0928	0946	1004	1024	1044	1104
Elm Park, Freeborne Gardens (Stop W)	0613	0643	0713	0743	0813	0833	0853	0913	0932	0950	1008	1028	1048	1108
South Hornchurch, Ford Lane (Stop H)	0616	0646	0716	0746	0816	0837	0857	0916	0935	0954	1012	1032	1052	1112
Rainham, Rainham Tesco (Stop F)	0623	0653	0723	0753	0823	0844	0902	0922	0942	1001	1021	1041	1101	1121
Rainham Station (Stop A)	0624	0654	0724	0754	0824	0845	0903	0923	0943	1003	1023	1043	1103	1123
Wennington, Wennington Green	0628	0658	0728	0758	0828	0849	0907	0927	0947	1007	1027	1047	1107	1127
Aveley, St Pauls Close (E-bound)	0632	0702	0732	0802	0832	0853	0911	0931	0953	1011	1031	1051	1111	1131
Aveley, Mill Road (W-bound)	0633	0703	0733	0803	0833	0854	0913	0932	0952	1013	1032	1052	1113	1132
Aveley, Crescent Walk (E-bound)	0636	0706	0736	0806	0836	0857	0917	0937	0957	1016	1036	1056	1116	1136
Aveley, Back Lane (S-bound)	0638	0708	0738	0808	0838	0859	0919	0938	0958	1019	1038	1058	1119	1138
Lakeside, Arterial Road West Thurrock	0640	0710	0740	0810	0840	0901	0921	0940	1001	1021	1040	1101	1121	1140
Lakeside, Bus Station (Bay C)	0643	0713	0743	0813	0843	0904	0925	0945	1005	1025	1045	1105	1125	1145

**Saturday**

Hornchurch Town Centre (Stop G)	1116		16	36	56		1656	1716	1736	1756	1817	1838
Elm Park, Abbs Cross School (W-bound)	1122		22	42	02		1702	1722	1742	1802	1822	1842
Elm Park Station (Stop M)	1124		24	44	04		1704	1724	1744	1804	1824	1844
Elm Park, Freeborne Gardens (Stop W)	1128	then	28	48	08		1708	1728	1748	1808	1828	1848
South Hornchurch, Ford Lane (Stop H)	1132	at	32	52	12		1712	1732	1752	1812	1832	1852
Rainham, Rainham Tesco (Stop F)	1141	these	41	01	21		1721	1741	1801	1821	1841	1901
Rainham Station (Stop A)	1143	mins	43	03	23	until	1723	1743	1803	1823	1843	1903
Wennington, Wennington Green	1147	past	47	07	27		1727	1747	1807	1827	1847	1907
Aveley, St Pauls Close (E-bound)	1151	each	51	11	31		1731	1751	1811	1831	1851	1911
Aveley, Mill Road (W-bound)	1152	hour	52	13	32		1732	1752	1813	1832	1852	1912
Aveley, Crescent Walk (E-bound)	1156		56	16	36		1736	1756	1816	1835	1855	1915
Aveley, Back Lane (S-bound)	1158		58	19	38		1738	1758	1819	1838	1858	1918
Lakeside, Arterial Road West Thurrock	1201		01	21	40		1740	1801	1821	1840	1900	1920
Lakeside, Bus Station (Bay C)	1205		05	25	45		1745	1805	1824	1843	1903	1923

**Saturday**

Hornchurch Town Centre (Stop G)	1859	1920	1941	2002		02	32		2302	2332	0002
Elm Park, Abbs Cross School (W-bound)	1904	1925	1945	2006		06	36		2306	2336	0006
Elm Park Station (Stop M)	1906	1927	1947	2007		07	37		2307	2337	0007
Elm Park, Freeborne Gardens (Stop W)	1908	1928	1948	2010	then	10	40		2310	2340	0010
South Hornchurch, Ford Lane (Stop H)	1912	1932	1952	2013	at	13	43		2313	2343	0013
Rainham, Rainham Tesco (Stop F)	1921	1940	2000	2020	these	20	50		2320	2350	0020
Rainham Station (Stop A)	1923	1941	2001	2021	mins	21	51	until	2321	2351	0021
Wennington, Wennington Green	1927	1945	2005	2025	past	25	55		2325	2355	0025
Aveley, St Pauls Close (E-bound)	1931	1949	2009	2029	each	29	59		2329	2359	0029
Aveley, Mill Road (W-bound)	1932	1950	2010	2030	hour	30	00		2330	0000	0030
Aveley, Crescent Walk (E-bound)	1935	1953	2013	2033		33	03		2333	0003	0033
Aveley, Back Lane (S-bound)	1937	1955	2015	2035		35	05		2335	0005	0035
Lakeside, Arterial Road West Thurrock	1939	1957	2017	2037		37	07		2337	0007	0037
Lakeside, Bus Station (Bay C)	1942	2000	2020	2040		40	10		2340	0010	0040

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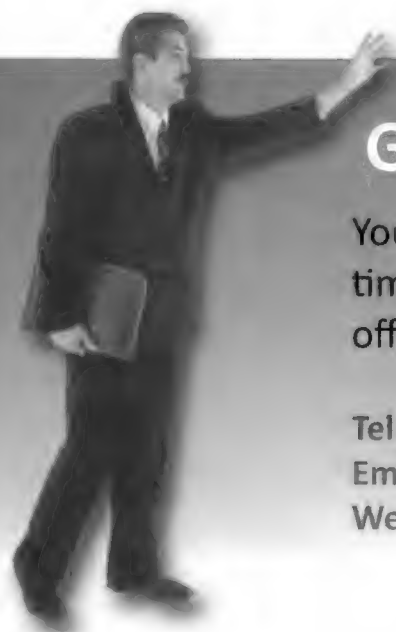
East London Bus &amp; Coach Company

**Sunday**

Hornchurch Town Centre (Stop G)	0704	0734	0802	0832	0902	0932	1002		02	32	
Elm Park, Abbs Cross School (W-bound)	0708	0738	0808	0838	0908	0938	1008		08	38	
Elm Park Station (Stop M)	0709	0739	0809	0839	0909	0939	1009		09	39	
Elm Park, Freeborne Gardens (Stop W)	0712	0742	0812	0842	0912	0942	1012	then	12	42	
South Hornchurch, Ford Lane (Stop H)	0714	0744	0814	0844	0914	0944	1017	at	17	47	
Rainham, Rainham Tesco (Stop F)	0720	0750	0820	0850	0920	0950	1024	these	24	54	
Rainham Station (Stop A)	0721	0751	0821	0851	0921	0951	1026	mins	26	56	until
Wennington, Wennington Green	0725	0755	0825	0855	0925	0955	1030	past	30	00	
Aveley, St Pauls Close (E-bound)	0729	0759	0829	0859	0931	1002	1034	each	34	04	
Aveley, Mill Road (W-bound)	0730	0800	0830	0900	0930	1000	1033	hour	33	03	
Aveley, Crescent Walk (E-bound)	0733	0803	0833	0903	0935	1006	1038		38	08	
Aveley, Back Lane (S-bound)	0735	0805	0835	0905	0935	1005	1041		41	09	
Lakeside, Arterial Road West Thurrock	0737	0807	0837	0907	0937	1007	1043		43	11	
Lakeside, Bus Station (Bay C)	0739	0809	0839	0909	0942	1014	1046		46	16	

**Sunday**

Sunday													
Hornchurch Town Centre (Stop G)	1702	1732	1802	1832	1902	1932		32	02		2302	2332	0002
Elm Park, Abbs Cross School (W-bound)	1708	1738	1806	1836	1906	1936		36	06		2306	2336	0006
Elm Park Station (Stop M)	1709	1739	1810	1838	1907	1937		37	07		2307	2337	0007
Elm Park, Freeborne Gardens (Stop W)	1712	1742	1813	1841	1910	1940	then	40	10		2310	2340	0010
South Hornchurch, Ford Lane (Stop H)	1717	1747	1816	1844	1913	1943	at	43	13		2313	2343	0013
Rainham, Rainham Tesco (Stop F)	1724	1754	1823	1851	1920	1950	these	50	20		2320	2350	0020
Rainham Station (Stop A)	1726	1756	1824	1852	1921	1951	mins	51	21	until	2321	2351	0021
Wennington, Wennington Green	1730	1800	1828	1856	1925	1955	past	55	25		2325	2355	0025
Aveley, St Pauls Close (E-bound)	1732	1802	1832	1859	1929	1959	each	59	29		2329	2359	0029
Aveley, Mill Road (W-bound)	1733	1803	1833	1900	1930	2000	hour	00	30		2330	0000	0030
Aveley, Crescent Walk (E-bound)	1736	1806	1836	1903	1933	2003		03	33		2333	0003	0033
Aveley, Back Lane (S-bound)	1741	1810	1838	1905	1935	2005		05	35		2335	0005	0035
Lakeside, Arterial Road West Thurrock	1743	1812	1840	1907	1937	2007		07	37		2337	0007	0037
Lakeside, Bus Station (Bay C)	1746	1815	1843	1910	1940	2010		10	40		2340	0010	0040



## Going Somewhere?

You can pick up a copy of the Thurrock Public transport timetable booklet and map from all Thurrock Council offices and libraries

Tel: (01375) 413886

Email: [PassengerTransport@thurrock.gov.uk](mailto:PassengerTransport@thurrock.gov.uk)

Web: [www.thurrock.gov.uk/travel/transport](http://www.thurrock.gov.uk/travel/transport)

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